**Mental Health Support Worker**

**Role Description:**

High Peak Community Arts needs a mental health support worker for Project eARTh, its programme for adults experiencing mental distress.

The role includes:

* supporting participants attending Project eARTh workshops on Mondays in Buxton, 10am – 12 noon and 1pm – 3pm during term time
* conducting baseline and review interviews with participants for project monitoring ( telephone or face to face).
* contacting participants in between workshops as needed , e.g. if they have missed workshops and we want to see how they are / encourage them back
* in the workshops, providing general help and support to participants to engage in the arts activities, as well as a listening ear and emotional support as required.
* Following appropriate safeguarding policies and good practice
* liaising with the project co -ordinator
* liaising with the support worker for the New Mills group as needed
* attending Project eARTh steering group meetings approx. 3 times / year

**Person specifications:**

**Essential:**

* Good people and communication skills
* Understanding of mental health
* Self-motivation and organisation
* Reliability
* Experience in working in a support / mental health role

**Desirable:**

* Experience of work within a mental health environment
* Understanding of the value of arts participation in wellbeing
* Interest in the arts

Pay is at £15 per hour with 40p per mile travel, on a freelance contract, so ideal for someone with a portfolio of employment.